FRIDAY 4 NOVEMBER 2022

AMPHITHEATRE

8.00-9.00	REGISTRATION
9.00-10.00	**OPENING CEREMONY - WELCOME**
	Dr. Panagiotis Siaperas *Dean of Faculty of Health & Rehabilitation Sciences, Coordinator Institute of Occupational Science & Rehabilitation, Metropolitan College* **Prof. Dinos Arcoumanis** *Chairman of the Academic Board, Metropolitan College, Professor Emeritus and Former Vice-President of City University, London* **Dr. Evaggelos Kontaxakis** *Vice-Principal Research & Innovation, Dean of Graduate School, Metropolitan College* **Zoe Rapti** *Deputy-Minister of Health of the Hellenic Republic* *Representative of the* WHO *Office in* Athens **Marina Economou Lalioti**, *Professor of Psychiatry, Medical School, National and Kapodistrian University of Athens, Vice President World Association for Psychosocial Rehabilitation (WAPR)*
10.00-11.00	**KEYNOTE SPEECH**
	Morgan, C. *World Health Organization* WHO Rehabilitation 2030: Policy, health system, work force and service delivery for meeting citizens needs
11.00-11.45	**KEYNOTE SPEECH**
	Tsouros, A.D. *University of Boston* Public health in the 21st century: concepts and prerequisites for the development of a modern system
11.45-12.00	COFFEE BREAK
12.00-13.15	**SESSION 1: Sports and Disability**
	Karyofylli I. *Hellenic Sports Federation for Persons with Disabilities*, **Spyrou S.** *Polyclinic of the Olympic Village*, **Patatoukas D.** *IPC Athletics Classifier*, **Loufaki K.** *Paralympian*, **Kazaglis D.** *Wheelchair Fencing National Coach* **ROUND TABLE:** Sports & Disabitity: The journey from rehabilitation to social inclusion and elite level sports
13.15-14.30	**SESSION 2: Nursing approaches in rehabilitation**
	Baltopoulos G. *National and Kapodistrian University of Athens*, **Kalokairinou-Anagnostopoulou A.** *National and Kapodistrian University of Athens*, **Panagiotopoulou K.** *Metropolitan College*, **Chatziefstratiou A.**, **Pappa A.** *Eginition Hospital*, **Panagiotou A.** *University of the Peloponnese*, **Ginieri- Coccossis M.** *National and Kapodistrian University of Athens* **ROUND TABLE:** Rehabilitation Nursing: Challenges and interventions **Pournaras N.** *Academic Primary Healthcare Center, Stockholm County, Stockholm, Sweden* Interprofessional management of Chronic Obstructive Pulmonary Disease in primary healthcare - the Swedish mode
14.30-15.00	LUNCH BREAK
15.00-16.00	**KEYNOTE SPEECH**
	Bulley, C. *Queen Margaret University, Edinburgh* Supporting quality of life and participation in people with foot drop - a cycle of research-led innovation and innovation-led research
16.00-17.00	**PLENARY TALK**
	Fotiadis D. *University of Ioannina* Virtual coaching emerges - Developments and advances on persuasive coaching
	PLENARY TALK
	Karagiannidis G. *Aristotle University of Thessaloniki* Indoor Radar Sensing of Elderly People : Overcoming the Barriers in Home Care Technology
17.00-17.15	COFFEE BREAK
17.15-17.45	**SESSION 5: Technological Advances in Rehabilitation Science**
	Sklavounos D. *Metropolitan College*, **Lavdas S.** *Metropolitan College*, **Goltsi V.** *Metropolitan College*, **Gonis P.** *National and Kapodistrian University of Athens* A machine learning implementation to multiple sclerosis signal conduction through nervous system for decision support **Armaganidou M-S. and Kambouri M.** *Metropolitan College* Can we use digital (Kinetic) learning games to enhance language development in young autistic children?
17.45-20.15	**SESSION 6: Neurological conditions - SPECIAL SESSION "The rehabilitation of Stroke"**
	Panagiotopoulou K., Papavasileiou I. *Metropolitan College*, **Makrygiannaki K.** *G.H.A. Alexandra Hospital*, **Karagkouni I., Michaelidis M., Logotheti E., Tzartzalou A., Tegou G.**, *Metropolitan College* **Kleidaria G.** **ROUND TABLE:** New Approaches in Stroke Rehabilitation: an Interdisciplinary Perspective **Horafa K.**, *Metropolitan College* Barriers and facilitators of RTW: exploring the experiences of Greek younger work-age stroke survivor **Kalogirou K., Vlotinou P., Vadikolias K.** *Anagennisi Rehabilitation Center* The effectiveness of transcranial electrical stimulation, in combination with mirror therapy in patients with vascular cerebrial episodes **Kleidaria G.** *DIKEPSY* Life after my stroke

FRIDAY 4 NOVEMBER 2022

ROOM A3 | ROOM A16

8.00-9.00	REGISTRATION	
11.45-12.00	COFFEE BREAK	
12.00-14.30	**SESSION 3: Equal Treatment, Equal Access, Community services**	**SUPPORTERS' WORKSHOPS**
	Argyri A., Mantziorou M., Pavlidi C., Seidi A., Gliki E. *Institute of Occupational Science & Rehabilitation, Metropolitan College* **ROUND TABLE:** Women's roles in Western modern society: Impacts on occupational justice and quality of life **Karnava S., Lada M., Chliveros G., Stergiopoulos M.** *Metropolitan College* An Interdisciplinary Collaboration between the Occupational Therapy Department and the Faculty of Architecture and Engineering **Komisopoulos C., Chapsas A., Argyropoulou S.** *DOKMEPA Social Organisation, Holargos-Papagou Municipality*, **Pramatioti E., Siaperas P.** *Institute of Occupational Science & Rehabilitation, Metropolitan College* Implementation of the CHAMPION programme : Community Health: Agility and Mental Participation in the Intervention "Otago-Noesis" in the Holargos-Papagou Municipality **Karampetsou M.** *Municipality of Iraklio Attica*, **Plaka A.** *National Centre for Public Administration & Local Government EKDDA* Dementia Counseling Center, Municipality of Iraklion Attica. Objectives & Interventions. **Alevizou E.** *Metropolitan College* "The Ideal Other" **Bogeas T. and Chaidemenaki**, *Metropolitan College* Are rehabilitation services really accessible?	**Bouchtis J., Kairi P., Papadioti E.,** *PEGKAP-NY*, **Triantafyllos K.** *Planet Physics* **WORKSHOP:** Technological Advances in Rehabilitation Science. The therapeutic & psycho-educational use of innovative software and interactive exhibits. **Zotou Ch., Aidonidou L., Davou I., Galani S., Panagou P.,** *AMIMONI* **WORKSHOP:** Bridging assessment and intervention: towards a holistic educational intervention for people with MDVI
14.30-15.00	LUNCH BREAK	
16.00-17.00	**SESSION 4: SLT Approaches in Rehabilitation**	**SUPPORTERS' WORKSHOPS**
	Tegou G. *Metropolitan College*, **Fourlas G.** *Stuttering Research & Therapy Centre, Athens*, **Koutsoumbaki E.** *Integrated Voice Therapy Academy*, **Hatzopoulou M., Neonaki I., Gialatzopoulou E.** *Metropolitan College* **ROUND TABLE:** How can SLT make the world a better place: SLT as means of ssustainability and quality of life	**RehabCare** Supportive technology and quality of life - live demonstration
17.00-17.15	COFFEE BREAK	
17.15-19.00	**SESSION 7: COVID-19 and Rehabilitation**	**SUPPORTERS' WORKSHOPS**
	Stoupi S. *Metropolitan College*, **Tsilika M.** *Attikon University Hospital*, **Papavangelis C.** *General Hospital "ELPIS", Metropolitan College*, **Tzartzalou A.** *Metropolitan College*, **Skenderi K.** *Metropolitan College* **ROUND TABLE:** Rehabilitation in patients with Long COVID-19 **Agkas A.** and **Karagianni E-M.** *Metropolitan College* Mental health of Greek university students during Covid-19 period in urban and non-urban areas **Karagkounis A.** and **Papadimitriou P.** *Attica Rehabilitation Center* The effect of a structured rehabilitation program in Post COVID-19 ICU patients	**RehabCare** Theratogs - live demonstration
19.00-20.15	**SESSION 8: Biomechanics and Motion Analysis**	
	Tsaparegkas I. *ANIMUS*, **Kottarras S.** *International University of Greece*, **Fragkaki M.** *ANIMUS Recovery and Rehabilitation Center* The results of LOKOMAT robotic therapy in patients after stroke **Yfantis A.** and **Taliouri E.** *Metropolitan College* Evaluation of the effectiveness of GaAlAs laser radiation and the control of the most appropriate therapeutic dosage (J) in relation to the frequency of application in patients of chronic Plantar Fasciitis, with the aim of analgesia during walking. A triple-blind RCT **Patinioti A.** *Metropolitan College*, **Gkaraveli M.** *ELEPAP*, **Tziomaki M.** *ELEPAP*, **Gkrimas G.** *Metropolitan College* Spina Bifida: Gait Analysis in patient with myelomeningocele	

FRIDAY 4 NOVEMBER 2022

ROOM A1

18:45-20:15	**POSTER SESSION 1**
	Chatzigeorgiou D. and **Karagianni E.M.** *Metropolitan College*. Correlation Between Stress Levels, Stress Management and the Occurrence of Autoimmune Diseases in People Over and Under 30 Years of Age **Georgiadi D., Giareging E., Dritsas D., Keramids N., Koliastasis G., Nikolakopoulos F., Koronakis K.** *Metropolitan College*. The impact of warm-up Dynamic vs PNF stretches on the lower limb strength of pre-adolescent female volleyball players **Kavouras K.** *University of East London - Brunel university London.* Musculoskeletal Practice: Complex patient scenario in the ankle foot **Lygouras D.** *Metropolitan College*. Immersive Virtual Reality and Rehabilitation of Hemiplegic Upper Limb in Stroke Patients **Manthou E. Michalaki M., Gkaros P., Kostas N.** *Olympiacos FC* **Kalapotharakos V.** *Metropolitan College* Eating habits and sports nutrition knowledge in young elite football players **Pavlidi C.** and **Siaperas P.** *Institute of Occupational Science & Rehabilitation, Metropolitan College*. The role of occupational therapy in the inclusion into the community of citizens with mental illnesses through the occupation of work **Triantenou G.** and **Karagianni EM.** *Metropolitan College*. Depression and Anxiety as factors of Alcohol consumption during the period 2021-22 of the Covid19 Pandemic **Tsiakas P.** *National and Kapodistrian University of Athens* and **Tsiakas D.** *University of Patras.* VR (Virtual Reality) applications in chronic musculoskeletal pain management: current trends and future prospects **Tsaprali E.** and **Tegou G.** *Metropolitan College*. The effect of speech disorders on the physical attractiveness of men and women

SATURDAY 5 NOVEMBER 2022

AMPHITHEATRE

8.00-9.00	REGISTRATION
9.00-9.45	**KEYNOTE SPEECH**
	Pyrgeli M. *ELEPAP* Family centered Early Childhood Intervention in ELEPAP - Greece
9.45-12.30	**SESSION 9: Paeditric issues of rehabilitation**
	Karachotzitis P. *Institute of Occupational Science & Rehabilitation, Metropolitan College* Assessment of school readiness using the platform of Kinems on preschool children: A pilot study **Dragoumanaki G., Patelarou A., Sifaki-Pistola, Patelarou E.** *Hellenic Mediterranean University* Translation and validation of the Greek version of the questionnaire DCDDAILY- Q for screening the Developmental Coordination Disorders **Moysoglou E. and Retalis S.** *D.E.K.A. gia to paidi* Promoting handwriting skills of school aged children with Cerebral Palsy via embodied interactive games **Alevizos S.** *The Smile of the Child* The Harm of Child Removal and How to Reduce It **Christopoulou E.** and **Siaperas P.** *Institute of Occupational Science & Rehabilitation, Metropolitan College* The impact of Adverse Childhood Experiences on occupational performance of children living in foster centers, according to their caregivers **Giagtzoglou V.** and **Kyriazis K.** *Metropolitan College* Defining the structural organization of talk and the patterns of communication between a child with autism and his therapist during a therapy session **Papadopoulos M., Nikolaidis P., Spatharaki M., Zambetaki S.,Kekelou A., Nomikou P., Lyris K., Zarkada A., Gkrimas G.** *ELEPAP* **ROUND TABLE:** Children and Family Centered Multidisciplinary Interventions in ELEPAP-Rehabilitation for the Disabled
12:30-12:45	COFFEE BREAK
12.45-13.15	**PLENARY TALK**
	Maglari E. *Paediatric Institute* Social Awareness of Neurodevelopmental Supportive Care In The Neonatal Intensive Care Unit and Neonatal Occupational Therapy: The Need to Prevent
13.15-14.15	**SESSION 12: Hospitality and disability**
	Benetatos T. *Metropolitan College*, **Papamichail, K.** *Accessibility Expert-ENAT*, **Kapralou M.** *Supervisor Passengers & PRM Handling, Athens International Airport* **Spyropoulos G.** *Chief Operating Officer Electra Hotels & Resorts* **ROUND TABLE:** Accessibility and Tourism
14.15-14.45	LUNCH BREAK
14.45-15.45	**KEYNOTE SPEECH**
	Collett J. *Oxford Brookes University* Living well with Parkinson's; Metabolism to Employment and a few Studies in between
15.45-18.00	**SESSION 13: Sports sciences and rehabilitation**
	Bardaki V. and **Manthou E.** *Metropolitan College* The effects of Digital Storytelling on Eating Habits and level of Physical Activity in Overweight and Obese persons **Manthou E.** *Metropolitan College*, **Laskou E.** *Metropolitan College*, **Zavvos A.** *AEK FC*, **Fotiou A.** *Metropolitan College*, **Koulidis K.** *Olympiacos FC*, **Kalapotharakos V.** *Metropolitan College* Energy intake in young elite football players **Serpetsoglou L.** *Metropolitan College* The effects of different types of stretching during an active warm-up on hip and ankle range of motion **Vitori F.** and **Yanneli P.** *Metropolitan College* Investigation of coach 's perceptions for Attention Deficit Hyperactivity Disorder to young female rhythmic gymnastics athletes and study of techniques to modify problematic behaviors **Tamvakis E.** *AEK FC*, **Miliotis P.** *AEK FC*, **Kapsis A.** *Metropolitan College*, **Goltsi V.** *Metropolitan College* **ROUND TABLE:** Injury prevention: the case of young soccer players in the light of a multidisciplinary approach
18:00-18:15	COFFEE BREAK
18.15-19.15	**SESSION 15: Psychosocial aspects of Disabiity /Caregivers**
	Koukourava E., Mpalante Z., Sekleizioti A., Fragkaki M. *ANIMUS Recovery and Rehabilitation Center* Targeted psychological interventions aimed at improving the quality of life of patients with spinal cord injury **Ntakou E., Gliki E., Siaperas P.** *Institute of Occupational Science & Rehabilitation, Metropolitan College* L.E.I.SURE SKILLS (sociaL inclusion for mEntal dIsability and leiS-URE SKILLS)
19.15-20.15	**SESSION 16: Aqua Therapy**
	Kotzamanidou M. *Metropolitan College*, **Sokratus D.** *Cyprus Institute of Neurology and Genetics*, **Moumtzi-Naka E.** *Military School of Combat Support Officers*, **Vakirtzi V** *Metropolitan College*, **Misahlidou V.** *Metropolitan College*, **Pasakalou K.** *Metropolitan College*, **Sofianidis G.** *Metropolitan College* **ROUND TABLE:** Floating fitness the new trend in aquatic environment
20.15-20.45	**CLOSING CEREMONY**
	SOCIAL EVENT: Contemporary dance show by **Dagipoli Dance Company** **Avgoulas V.** *Lawyer, Member of the Board of Directors - Athens Bar Association, Chairman – NPO "Me Alla Matia", Member of the Social Policy Committee of the Central Union of Municipalities (KEDE)* **CLOSING CEREMONY PLENARY TALK:** Empowerment and Rehabilitation of disabled people: from theory to action

SATURDAY 5 NOVEMBER 2022

ROOM A3 | ROOM A16

8.00-9.00	REGISTRATION	
9.45-12.30	**PLENARY TALK**	
	Vasilopoulos E., Samaras, N., Tzavelas E. *National and Kapodistrian University of Athens* Utilization of acute inpatient detoxification in adult patients with alcohol-use disorders	
	SESSION 10: Health conditions and rehabilitation	**SUPPORTERS' WORKSHOPS**
	Bonia K.D. *Institute of Occupational Science & Rehabilitation, Metropolitan College* The Effectiveness of Manual Lymph Drainage (MLD) in Brest Lymphedema and Generalized Oedema after Mastectomy: A Case Study **Pigott L.E.** *London South Bank University*, **Mancini L.** *National Hospital of Neurosurgery and Neurology*, **Bisdas S.** *University College London* The role of Dynamic contrast-enhanced MRI perfusion imaging in post treatment surveillance of patients with high grade gliomas **Georgiou-Siafis S.K., Vasilopoulou T.E., Lygouras D., Tsaopoulos D., Platia P.C., Svolos V.** *Metropolitan College*, **Charalambidou A.** *University Hospital of Larissa*, **Karavana I.** *Cancer-patients Association of Larissa* **ROUND TABLE:** Breast Cancer and Quality of Life: An Interdisciplinary Approach	**Papakonstantinou G., Sifaki N., Katsouda K., Korogiannaki A., Sarkiri I.** *Theotokos Foundation* **WORKSHOP:** Implemantation of ICF at Theotokos Foundation **Cholis P., Kyrodimou I.** *Sikiarideion Foundation* **WORKSHOP:** Action to support ageing parents of children with intellectual disabilities
12:30-12:45	COFFEE BREAK	
12.45-14.15	**SESSION 11: Alternative methods/approaches of rehabilitation**	**SUPPORTERS' WORKSHOPS**
	Katostari K. *Amimoni* Music therapy perspectives, inter-disciplinarity and rehabilitation working with individuals with visual impairment and multiple disabilities **Karpodini C.** *Metropolitan College* Rhythmic cueing, Dance, Resistance Training and Parkinson disease: A systematic Review and Meta-Analysis **Adamopoulou C., Dimitriadis T., Froudaki M., Gillespie C., Kalliodi C., Katostari K., Tsiris G. & Tsolka E.** *Queen Margaret University, Metropolitan College, Leiden University & Amstelring, Amimoni, Lilian Voudouri Institute for Arts Therapies* **ROUND TABLE:** Music therapy and rehabilitation: Critical perspectives on musical care, disability and personhood	**Manousakis, V.** *Roots Wellness Center* WORKSHOP: Narrate your way out of somatic and mental trauma. A Narrative Therapy approach to rehabilitation.
14.15-14.45	LUNCH BREAK	
15.45-18.00	**SESSION 14: Neurological Conditions**	**DANCE THERAPY WORKSHOP**
	Safouris A. *Attikon University Hospital*, **Vissarakis G.** *Aktios Rehabilitation Center*, **Vagena E.** *Aktios Rehabilitation Center*, **Nanas S.** *National and Kapodistrian University of Athens* Unfulfilled expectations of stroke patients after completing a 3-month multidisciplinary rehabilitation program **Kapernaros E., Komisopoulos C., Siaperas P.** *Institute of Occupational Science & Rehabilitation, Metropolitan College* Neuromuscular reeducation and manual therapy: a randomized double blind controlled trial **Karavangeli K.,** *Supported Living Home – Animus* The supported living home as an alternative care for chronic people with various neurological disease **Mavroudea K.** *Metropolitan College*, **Georgakopoulos G.** *Metropolitan College*, **Theodosiou T.** *National and Kapodistrian University of Athens* Cognitive Functions Impairment in Patients with Rheumatoid Arthritis: The Significance of Neuropsychological Assessment **Koundourou E.** *Metropolitan College* Occupation based Approach in Rehabilitation of Hemiplegic Patient. A Case Study. **Kapellou A.** *St Mary's University Twickenham* The Genetics of Caffeine in Brain-related Effects and Neurodegeneration **Pierrakos-Iliopiereas P.** *Metropolitan College*, **Sideridou M.** *Metropolitan College*, **Leonis G.** *National and Kapodistrian University of Athens* Impact of Missense Mutations in Alzheimer's Disease: In silico Analysis using Molecular Docking **Papakonstantinou K.** *Metropolitan College* Feedback delivery: characteristics, duration, mode of feedback provision during clinical practice in neurorehabilitation	**Margariti A.** *University of West Attica, Greek Association of Dance Therapy* When Dance Rhythm Therapy Contributes to Quality of Life **SUPPORTERS' WORKSHOPS** **Kyfidis Ch.** *Kifidis Orhopedics* WORKSHOP: Rehabilitation of balance and gait with overhead crane
18:00-18:15	COFFEE BREAK	
18.15-19.15		**SUPPORTERS' WORKSHOPS**
		Christakis, G. *Dagipoli Dance Co.* WORKSHOP: Art and disability

SATURDAY 5 NOVEMBER 2022

ROOM A1

12:15-14:45	**POSTER SESSION 2**
	Alevizou E. *Metropolitan College*. Play in physical and digital environment, as occupation and as means of intervention for children aged between 2 and 12 years with childhood cancer **Dalamarinis C.** *Metropolitan College* and **Theodosiou T.** *National and Kapodistrian University of Athens*. The latest neuropsychological assessment and cognitive rehabilitation approaches in Cerebral Palsy **Gousetis G., Gkaros P and Pothoulaki M.** *Metropolitan College*. Delay Discounting and Individuals with Attention -Deficit/Hyperactivity Disorder: A Meta-Analysis **Kioses G.** *Metropolitan College*. Developmental Coordination Disorder Questionnaire **Kofonikolas A.** *University of Derby*. The Effectiveness of Occupational Therapy Feeding Interventions to Children with Autism Spectrum Disorder: A Systematic Review **Kountouri D.** *Metropolitan College*. Job Burn-out and the "Burned-out" Occupational Therapist **Malliarou C.** *Metropolitan College*. Registration of the frequency of participation in Social, Recreational and Sport activities for people with Neurodevelopmental disorders and Down Syndrome and the correlation with their Quality of Life **Neiada M.** and **Gianneli P.** *Metropolitan College*. Investigating the probable correlation between working memory in the Persian language (Farsi) and vocabulary development in Afghan students that acquire Greek, as secondary school language in the kindergarten **Papadoulaki E.** *Metropolitan College*. The use of the Jabtalk application as an alternative augmental communication system in an autistic child **Pournara M.** *Metropolitan College*. The burnout experienced by health professionals working with autistic children with medium and high support needs
18:15-19:45	**POSTER SESSION 3**
	Bonia D., Sourvinos S. and **Siaperas P.** *Institute of Occupational Science & Rehabilitation, Metropolitan College*. The Type, and the Effect of Therapeutic Exercise on Quality of Life and Fatigue in Patients with Systemic Lupus Erythematosus in Greece: A cross-sectional study **Chatzimaniati D.** and **Takousi M.** *Metropolitan College*. Knowledge, attitude and practices of evidence-based health care among Greek health professionals **Kalonomos G., Kalapotharakos V., Manthou E.** *Metropolitan College*. Evaluation of hormonal responses in professional soccer players during the competitive season **Krimitza P. , Tziomaki M. , Gkaraveli M. , Gkrimas G.** *ELEPAP*. Impact of Vision Loss on Gait: Case Study Retinitis Pigmentosa **Makris E., Koukounaras E., Mitsi D., Adamou E., Christodoulou M., Fylaktou I., Karakasis G., Sdrali E.** and **Lygouras D.** *Metropolitan College*. The use of PEOP model in Occupational Therapy Practice: A Literature Review **Pagkalou N.** and **Gkrimas G.** *Metropolitan College*. Parkinson's disease - Gait Analysis: A literature review **Papadopoulou S.** and **Gkrimas G.** *Metropolitan College*. Huntington's Disease - A literature review **Parmaxizoglou E.D.** *Metropolitan* College. Presentation of new non-conventional rehabilitation methods for Parkinson's disease in combination *with* the use of orthotics: A literature review **Yfantis A.** and **Gkrimas G.** *Metropolitan College*. A literature review on gait analysis in patients with spinal cord injury **Katsarka N., Tziomaki M., Garaveli M., Grimas G.** *Metropolitan College, ELEPAP* Gait analysis in a patient with Duchenne Muscular Dystrophy